

Job title	Certified Reformer Pilates Instructor
Reports to	Pilates Manager

Job purpose

Deliver high-quality, safe, and engaging Pilates Reformer and/or Mat classes that help members achieve their fitness goals while creating a positive and welcoming experience. Build relationships with members, encourage consistent participation, and support member retention and program growth through exceptional instruction and customer service. Maintain professional standards, studio safety, and a clean, organized class environment.

Main Responsibilities

- Maintain current Pilates certification and complete required training and continuing education.
- Teach safe, effective, and engaging Pilates Reformer/ Mat classes while providing appropriate modifications and progressions for varying fitness levels.
- Create a welcoming and motivating environment that encourages member participation, confidence, and consistency.
- Build positive relationships with members and provide exceptional customer service to support member satisfaction and retention.
- Follow all Athletic Club and Pilates department policies, procedures, and safety standards.
- Communicate effectively with the Pilates team and management regarding member feedback, class needs, and studio operations.
- Promote and participate in Pilates events, programs, and special promotions.
- Perform other duties and responsibilities as directed by the Pilates Manager.

Qualifications

To perform this job successfully, an individual must be able to perform all responsibilities in an overall satisfactory manner. The requirements listed below are representative of the knowledge, skill and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Current Pilates Reformer certification from a recognized Pilates organization.
- Strong knowledge of Pilates principles, Reformer exercises, and proper technique.
- Ability to safely instruct and modify exercises for varying fitness levels and abilities.
- Strong customer service skills and ability to build relationships with members.
- Strong awareness of safety, body mechanics, and proper Reformer equipment use.
- CPR and First Aid certification (or willingness to obtain upon hire).
- Strong organizational skills, problem solving, and time management skills.

Education:

Completion of an accredited Pilates Reformer instructor training program required.