



Job Description: Water Aerobics Instructor

Position Title: Water Aerobics Instructor

Location: Corpus Christi Athletic Club

Employment Type: Part Time

Salary/Hourly Rate: Starting Pay \$22 per class

About Us:

Corpus Christi Athletic Club is dedicated to promoting health and wellness within our community through a variety of fitness programs. We offer a supportive and inclusive environment where members can achieve their health goals while having fun. Join our dynamic team and inspire others to lead healthier lives!

Position Overview:

We are seeking an enthusiastic and energetic Water Aerobics Instructor to lead engaging, safe, and effective water fitness classes for participants of all ages and fitness levels. The ideal candidate will have a passion for fitness, excellent communication skills, and the ability to motivate participants in a fun and professional manner.

Key Responsibilities:

- Plan and lead water aerobics classes that cater to a diverse group of participants, focusing on cardiovascular fitness, strength, and flexibility.
- Provide clear instructions and demonstrate proper techniques to ensure safety and effectiveness.
- Modify exercises to accommodate various fitness levels, physical abilities, and any special needs of participants.
- Ensure the safety of all participants by maintaining a vigilant presence and responding appropriately to emergencies.
- Build positive relationships with class participants to encourage consistent attendance and community engagement.
- Monitor and maintain cleanliness and safety standards of the pool area.

Qualifications:

- Certification in group fitness instruction, water aerobics, or related field (e.g., AFAA, ACE, or equivalent).
- Current CPR, First Aid, and AED certifications.

- Familiarity with water safety protocols and strong swimming skills.
- 1 year experience teaching water aerobics or group fitness classes preferred.
- Excellent interpersonal and communication skills.
- The ability to inspire and motivate participants while maintaining a fun and inclusive atmosphere.

Benefits:

- Competitive pay.
- Access to fitness facilities and programs.
- Opportunities for professional development and continuing education.
- A supportive and team-oriented work environment.

How to Apply:

Please submit your resume, a brief cover letter, and copies of relevant certifications to Monica Delgado, Assistant General Manager. mdelgado@ccathleticclub.com

Applications will be reviewed on a rolling basis until the position is filled.

Join us in helping our community make a splash towards healthier living!